

MOT Canine MOT

Pro-active Physiotherapy for Your Dog

Athletic, show and working dogs need to be in tip-top condition to achieve their best results. While humans consider physiotherapy to be part of our every-day health maintenance and well-being, only now is this a readily accessible option for high performance canines.

Each canine discipline brings its own particular areas of stress. For example Agility dogs 'power' from the rear-end, in contrast Cani-cross makes extensive use of front-end muscles. Flyball and Greyhound dogs are subject to high stresses on their carpal (wrist) joints.

For show dogs even muscle tone across the whole body is a critical factor to good ring presentation. Similarly Gundogs use all their body to jump, run and swim in the field. For Obedience dogs reducing neck muscle tension will aid balance and accuracy. Understanding slight and early muscles strains in a service dog can help prevent expensive longer term layoffs in the future.



Benefits of our MOT Assessments:

- Hands on identification areas of specific areas of possible muscle tension
- Objective assessment of balance and joint range of motion
- Gait analysis to visualise your dog's foot placement
- Option of follow-up veterinary referred full physiotherapy treatment sessions

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Treatment Aims and Options

Our MOT programme has 3 optional levels. Ranging from **level 1** when as the handler you just know that 'something is not right' to our **3rd level** where your veterinary has made the diagnosis and your companion is ready for an in-depth physiotherapy session.

Assessment Type	Overview
MOT 1	Our first level of MOT assessment involves a full 'nose to tail' evaluation of your dog. The session will consist of an on-lead gait analysis and hands on full body palpation . Concentrating on general body-balance, muscle condition and joint range of motion this MOT aims to locate areas of muscle tension and imbalance. A full written report is offered. Following the assessment, a diagnosis by your veterinary and their signed approval is required before treatment can commence*.
MOT 2	Our second level of MOT assessment builds on the full 'nose to tail' palpation of your dog by combining with a dynamic gait analysis on a land based treadmill**. Together, these give a more in-depth picture of overall body-balance, muscle condition, joint range of motion and limb use. A full written report is offered. Following the assessment, a diagnosis by your veterinary and their signed approval is required before treatment can commence*.
MOT 3	Our top level MOT combines assessment with treatment . Designed for dogs with an existing injury, it requires veterinary diagnosis and referral*. The assessment will be similar to 'MOT 2', with the additional benefit of immediate treatment of any identified soft-tissue or joint related injuries. Treatment modalities may include LASER, Massage, Muscle stimulation, PEMF, Stretching or Ultrasound, depending on the condition. A full written report is given with a copy to your veterinary. Further treatments will then need to be reserved to continue treatment if required.

For more information on typical specific MOT assessments for Agility, Cani-cross, Flyball, Greyhounds, Gundog, Obedience, Service and Show dogs go to <http://goo.gl/VAzm5u>.

**The Veterinary Surgery (Exemptions) Order 1962 allows for the treatment of animals by physiotherapy, provided that the animal has first been seen by a veterinary surgeon who has diagnosed the condition and decided that it should be treated by physiotherapy under his/her direction. Physiotherapy is interpreted as including all kinds of manipulative therapy.*

*** Before using the treadmill written confirmation from your veterinary is required confirming that there is no reason why your dog should not undertake moderate controlled exercise.*